



BODY SHOP

Ladies 30-minute circuit. easy to follow with monitoring & training. Fast fun effective. **Any age / any /shape.** plus cardio-equipment , Classes with membership Piyo (pilates & yoga) Gutt & Butt, Cardiostep, Bootcamp Circuit



Yoga monthly \$10 member \$10 walkin

8wks \$56.00 Bellydance 8 weeks \$80/ \$70 members call for schedule Membership Fee ..\$59.00 Monthly. \$39.00 Monthly Fee .eft . . . 6 month contract. \$29.00 Monthly eft 1 year contract . \$24.95 Additional Monthly Immediate Family Member Fee . . \$15.00

INFRARED SAUNA MONTHLY UNLIMITED \$49.00

Fit & Fiber 35 Plan. Proven! Lose wt. & body fat, increase metabolism with fiber35 nutrition plan & a custom fitness plan. Achieve and maintain a healthy wt. & metabolism. Plan on success

30 day 60 day 90 day plans

MEDI-LIFT... lifts/tones/tightens FDA APPROVED TO DISINTEGRATE FAT 1 BODY TREATMENT EQUALS 5-6 HOURS STRENUOUS EXERCISE ALLOW 2 HOURS .AS SEEN ON OPRAH & LIVE LIKE A STAR.

BODY TREATMENT INCLUDES 1 MEDILFT treatment , infrared sauna session & Fatloss Wrap. See result. Best done

SLIM-A-SIZE PLANS 3/\$225 6/\$415 12/ \$799

INFRARED SAUNA SESSION New healing modality assists wt. loss. burns 600 –800 calories, detoxs skin by sweating, great for muscle & joint pain relief total rejuvenation! 15.00....3/\$30.00

Body Wraps

“IT WORKS” (trade mark) Site specific fat loss wrap. First of it’s kind. SEE results immediately. Tones tightens & firms...\$20.00

CELLULITE/ SLIM WRAP Vitamin b increases blood flow, skin looks and feels smoother, lose inches.....whole body. \$50.00 tummy. \$20.00 arms.. \$10.00.....hips & thighs....\$25.00 **Slimming Wrap Cream** Lose inches, breaks up cellulite approx. 20 applications Take home.....\$99.00

Oleaslim Slimming & cellulite reduction , achieves proven results , natural oil blends to restore a healthy metabolism to fat cells & eliminates toxins. GREAT RESULTS.....\$65.00

HOODIA PATCH Natural appetite suppressant....30 day \$30.00

FitSmart Shakes All natural, 20grams protein, 10grams fiber tastes great meal replacement.....\$39.99

Colon Fit All natural. Fiber benefits include wt. Loss and maintain wt. Loss aids in elimination, cleanses....., \$16.99.

Tanning European Beds

Tanning 10 minutes \$5.00

Tanning 20 minutes . 30minutes. \$7.00/\$9.00

Tanning Packages starting from \$15.00

5 tans/6th free \$35.00

Unlimited.....weekly \$19.00 monthly...\$45.00

Airbrush Tanning-..... \$29.00.....2/\$49.00

After Care Products included – pre-care with 2pkg. . . 2/\$49.00

Fantasy Tan – loaded with antioxidants and moisturizers

Tanning lotions. always 10% - 50% off retail prices.

Stand up unit 10 min/\$7.00 14min/\$9.00

TEETH WHITENING & 5 TANS Whitens teeth as you tan, same strength dentist use-.....\$59.00

24 hours between tanning visits. Parental signature required under 18 years old

FACE SHOP anti-aging / acne/ dark spots

REJUVENATION-TREATMENT.....Skin specific cleansing exfoliation, light micrdermabrasion treatment mask

Followed BY MEDILIFT-Facial contouring & toning machine then an LED light treatment to make skin radiant. SEE results immediatly .Results are progressive.

Works best in series.....\$125.00...3fo\$299.00

LED Light Treatment - Builds collagen skin looks & feels radiant look smoother INCLdeanse and serum....\$25.00 or 5/\$99.00 incl. Exfoliation Best done in series

SUPERIOR SKIN SECRETS AVAILABLE